

PSHCE Curriculum Overview 2018-19

| Year | Personal/Social <i>Being Responsible</i> | Health <i>Being Healthy</i> | Citizenship <i>Being British</i> |
|-----------|---|--|---|
| 10 | <ul style="list-style-type: none"> • I'm a learner – study skills, memory skills • Cyber bullying and online safety • Personal safety, risky behaviour • Preparation for work experience including writing a C.V. and letter of application • Working in a group to present to an audience | <ul style="list-style-type: none"> • SRE: STIs, Contraception, Emergency Contraception • Risky behaviour – Alcohol, drugs & smoking • Eating disorders and healthy eating | <ul style="list-style-type: none"> • Crime and punishment (assembly) • The law, voting, democracy, Parliament (assembly) • Volunteering and its impact on communities (assembly) |

| Year | Personal/Social <i>Being Responsible</i> | Health <i>Being Healthy</i> | Citizenship <i>Being British</i> |
|------|---|---|---|
| 12 | <ul style="list-style-type: none"> ● Surviving 6th form – self-management, resilience, personality types ● Careers education & aspirations (6th form, Apprenticeships, University taster) ● Preparation for interviews including writing a C.V. and letter of application ● Mock interviews ● UCAS guidance ● Preparation for Work experience ● Financial capability (income and expenditure, credit and debt, taxation, student finances) ● Independence skills, living away from home | <ul style="list-style-type: none"> ● Sex & Relationships including: Contraception, relationships, STIs, teenage pregnancy ● Mental Health including stress management, anxiety, phobias, eating disorders, self-harm ● Personal and online safety including date rape ● Cyber safety including ‘sexting’ and ‘revenge porn’ ● Cyber bullying and the law ● Alcohol misuse, drugs & smoking education ● Teenage pregnancy & parenting ● Sexual orientation | <ul style="list-style-type: none"> ● British Values ● Extremism & radicalisation ● Global issues e.g. forced marriage, Slavery |

